

# Alfuxyle 10 Tablet

## Alfuzosin 10mg Tablet

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### Description:

Alfuzosin 10mg Tablet is an alpha-1 adrenergic antagonist (alpha-blocker) used primarily in the management of benign prostatic hyperplasia (BPH). This medication helps to relax the muscles in the prostate and bladder neck, thereby improving urine flow and reducing the symptoms of BPH, such as frequent urination, weak stream, and difficulty urinating.

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### Composition:

#### Each tablet contains:

- **Alfuzosin: 10 mg**
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### Indications:

- **Benign Prostatic Hyperplasia (BPH):** Alfuzosin is indicated for the treatment of the symptoms associated with BPH in men, such as urinary frequency, urgency, difficulty starting urination, and weak urine flow.
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### Mechanism of Action:

Alfuzosin is an alpha-1 adrenergic antagonist that works by blocking the alpha-1 receptors in the smooth muscles of the prostate and bladder neck. This results in the relaxation of smooth muscles, allowing easier urine flow and reducing symptoms of BPH.

### Dosage and Administration:

- **Recommended Dose:**
    - One tablet (10mg) once daily, preferably taken after a meal to reduce the risk of side effects such as dizziness or low blood pressure.
  - **How to take:**
    - Take the tablet whole with a glass of water.
    - Do not chew, crush, or break the tablet.
    - It is advisable to take the medication at the same time each day to help you remember.
  - **Duration of treatment:**
    - The treatment duration is determined by your healthcare provider based on your response to therapy and the severity of your symptoms.
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### Side Effects:

#### Common side effects may include:

- Dizziness or lightheadedness (especially when standing up).
- Headache.
- Fatigue.
- Nausea.
- Orthostatic hypotension (a drop in blood pressure upon standing, causing dizziness).

#### Serious side effects are rare but may include:

- Severe allergic reactions (rash, itching, swelling of the face, lips, or throat).

- Chest pain, palpitations, or irregular heartbeat.
  - Vision problems (e.g., blurred vision).
  - Priapism (painful, prolonged erection).
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#### Precautions:

- **Liver Impairment:**
    - Use with caution in patients with liver disease, as Alfuzosin is metabolized in the liver. The dose may need to be adjusted based on liver function.
  - **Orthostatic Hypotension:**
    - Alfuzosin can cause low blood pressure and may result in dizziness or fainting, particularly when rising from a sitting or lying position. This risk is higher when starting the medication or increasing the dose.
  - **QT Prolongation:**
    - Alfuzosin should be used cautiously in patients with heart rhythm disorders (e.g., QT prolongation).
  - **Women and Children:**
    - This medication is not for use in women or children.
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#### Contraindications:

- Hypersensitivity to Alfuzosin or any of its components.
  - Severe liver impairment.
  - Severe renal impairment.
  - Concurrent use of strong CYP3A4 inhibitors (e.g., ketoconazole, itraconazole, clarithromycin).
  - History of orthostatic hypotension or syncope.
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#### Drug Interactions:

- **CYP3A4 Inhibitors:**
    - Concomitant use of strong CYP3A4 inhibitors (e.g., ketoconazole, ritonavir, clarithromycin) can increase the blood levels of Alfuzosin, leading to an increased risk of side effects.
  - **Antihypertensive Drugs:**
    - Caution should be used when combining Alfuzosin with other blood pressure-lowering medications, as this may increase the risk of low blood pressure and dizziness.
  - **Other Alpha-blockers:**
    - Combining Alfuzosin with other alpha-blockers may lead to excessive lowering of blood pressure.
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#### Storage Instructions:

- Store the tablets at room temperature (15°C to 30°C).
  - Keep the medication in a dry place, away from light and moisture.
  - Keep out of reach of children.
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#### Note:

- Alfuzosin 10mg Tablet should be taken under the supervision of a healthcare provider.

Manufactured in India for:

**Cafoli**<sup>TM</sup>  
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

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